

# EXPLORE OUR HOMETOWN...ON BICYCLE!



## CELEBRATE NATIONAL BIKE MONTH IN FARMINGTON.

Bicycle Friendly Farmington is marking **National Bike Month** with **Explore! BFF**, a *free* program for kids and adults alike to encourage safe bicycling in our town by riding to school and work, to stores and errands, and for exercise and recreation. To participate, download your **Explore! BFF Passport** from the BFF page on Facebook, or pick one up from any of the participating businesses. During the month of May, visit as many of the locations as you can and collect stamps from each. Turn in your passport at the end of the month and receive a free t-shirt *and* be entered to win other great prizes such as gift cards. It's a fun and free way to get to know Farmington a bit better—by bicycle!



**Bicycle Friendly Farmington** is a volunteer-driven community organization that supports bicycling in the town of Farmington, CT. Find us on Facebook!

EXPLORE! BFF  
IS SPONSORED BY:



### PARTICIPATING BUSINESSES:

Apricot's; Best Dry Cleaners; Central Wheel; Claudette's Creative Clippings; Consumer Auto Parts; Cumberland Farms & Gas; David Salon; Design Forum Gallery; Dry Kleaning By McKleans; Farmington Fire Station (Main St.); Farmington Jewelers; Farmington Mini Golf & Ice Cream Parlor; Farmington Motor Sports; Farmington Public Library (Main Branch); Farmington Valley Physical Therapy; Friendly's; Fringe Salon; Green Dog Market; Green Tea Restaurant; Hair by Sheila Marie; Haworth's Flowers & Gifts; Highland Park Market; JW Florist; L.A. Styles Hair Salon; La Vinotheque; LaBelle Chateau Salon & Spa; Liquor Square; Mary Krystyna Hair Studio; Matthew's Restaurant; Michael Anthony's Salon; Midas; Mobil Gas Station; Mommy & Me, Nails & Spa; Monarch Jewelers; Nail House, Foot Spa; Naples Pizza; Nature's Goods Market; Olee's Pizza; Parsons Hardware; Peachwave Frozen Yogurt; People's Choice Pizza; Ray's Unisex Hair Salon; River's Edge Bistro; Ryan Pharmacy/ Walgreens; Shell Gas Station; Stanley Whitman House; Subway (Highlands); Subway (Post Office Square); Surrey Liquor Shop; The Best Barber Shop; The Dance Connection; The Posture Bar; The UPS Store; Travelhost Travel Agency; Tunxis Hose Fire Station; Union Eye Works; Unionville Auto Repair; Unionville Auto Body; Unionville Mobil; Unionville Museum; Valero; Wine Cellars 4; Valley Fitness; Verizon Wireless Store; Yogurt Island.

*(List subject to change.)*

<https://www.facebook.com/groups/BicycleFriendlyFarmington/>